

2020 - 2021 ANNUAL REPORT



THE ALBERT
SCHWEITZER
FELLOWSHIP®

ALABAMA

FELLOWS

15 2020-21 FELLOWS
85 ASF FELLOWS SINCE 2016

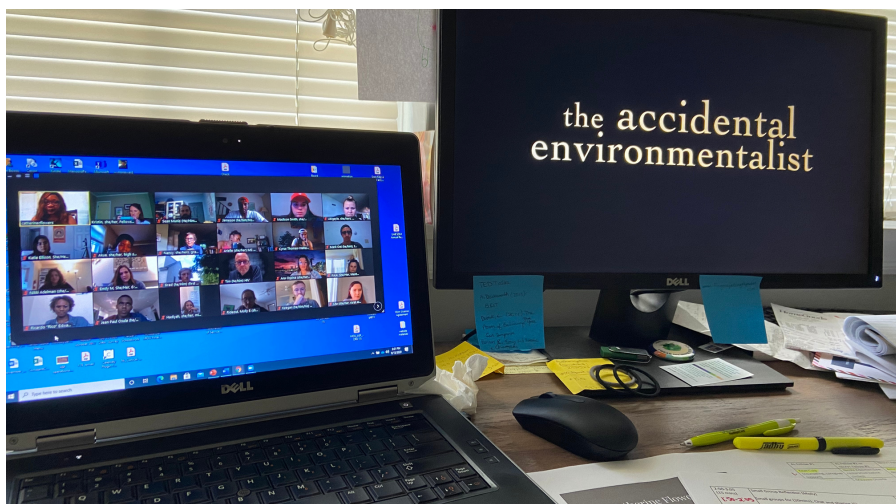
HOURS SERVED

3,149 HOURS SERVED IN 2020 - 2021
15,311 HOURS SERVED SINCE 2016

VALUE OF SERVICE

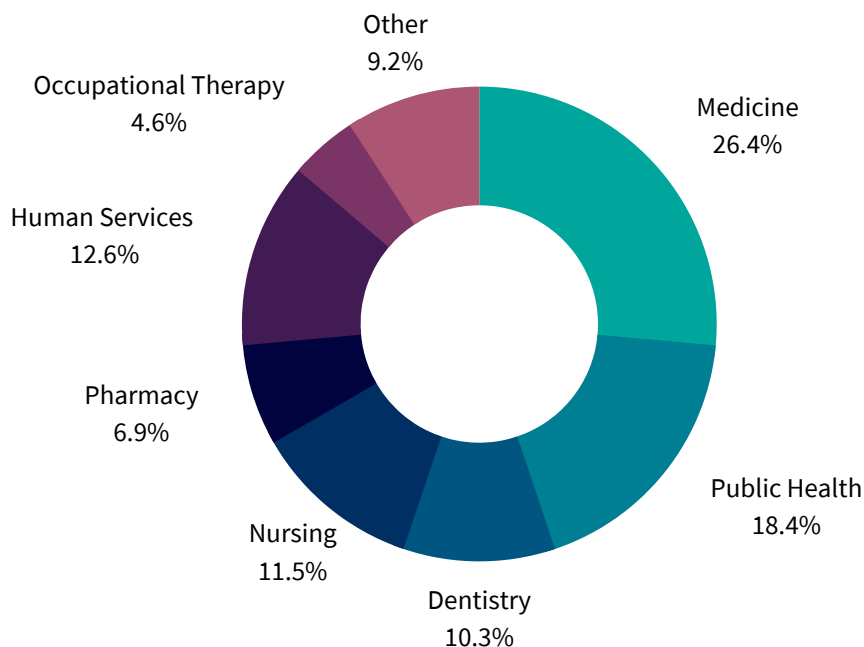
2020 VALUE OF SERVICE: \$78,489
TOTAL VALUE OF SERVICE: \$381,832

Pictured right: A screenshot from a session at the 2020 ASF Mid-Year Retreat. The retreat, in addition to the monthly meetings, were moved online due to the COVID-19 pandemic. Despite the constraints the pandemic brought, the 2020 Fellows were still focused on education, team problem-solving, and building community.



INTERDISCIPLINARY ENVIRONMENT

Pictured right: A breakdown of the variety of disciplines among all Alabama Schweitzer Fellows since 2016. Please note the Human Services category includes the disciplines of Counseling, Psychology, Social Work, and Health Administration.



MEDIA MENTIONS

Our 2020-21 Fellows across all universities were featured in 14 articles in the 2020-2021 year. All articles are available [here](#).

FELLOWS' REFLECTIONS

"I have enjoyed my Fellowship experience with the Albert Schweitzer Fellowship. Through my participation, I was able to meet and interact with so many wonderful people. I greatly appreciate the professional development provided by the Schweitzer Fellowship and the ability to brainstorm and network with other Fellows. I feel as if I have a network of support who will always be available even though our career paths will differ."

- Kaye Culp, 2020 ASF Fellow for Life

"My time as a Schweitzer Fellow taught me the importance of serving based on the community's needs above all else. In order to do that, it requires being adaptable and resilient to the obstacles you may encounter. This needs-based approach is something that I will carry not only into future community service, but also into my future career as a healthcare professional. I plan to first and foremost, cater to the patient's needs in order to truly make a difference."

-Jean Paul Osula, 2020 ASF Fellow for Life

"My efforts to enhance positive health outcomes for Birmingham's youth helped me grow into my role as a healthcare professional, purposeful educator and conscious citizen. It was an honor to serve as a Fellow. And I will continue to use this experience to assess, analyze and address the complex issues of our community to improve population health and well-being."

-Hadiyah Page, 2020 ASF Fellow for Life

Pictured right (top to bottom): Tanya Nix, Mayowa Otuada, Kaye Culp, and Emily Munn.

2020-21 ASF FELLOWS IN ACTION



2020-21 ALABAMA SCHWEITZER CLASS PROJECT OUTCOMES

UAB SCHOOL OF MEDICINE



Maani Kamal

Community Site Partner:
Alabama Regional Medical
Services
Academic Mentor: Dr.
David Kimberlin
Site Mentor: Nicole
Leshoure

Maani has addressed the low rate of the HPV vaccination series at a Federally Qualified Health Center, seeking to institute changes on the provider-level that will impact patients and their guardians.

Some of her project outcomes included the following:

- ARMS staff have received additional training about HPV vaccination.
- ARMS administrators have a needs assessment, which they have used to submit a grant application for increasing vaccination rates



Abigayle Kraus

Community Site Partner:
UAB Division of Maternal
Fetal Medicine and Division
of Cardiology
Academic Mentor: Rachel
Sinkey, MD
Site Mentor: Indranee
Rajapreyar, MD

The Happy Heart, Happy Mom project gained insight into the barriers and struggles women with heart disease face within the first year of childbirth. Abigayle administered surveys to learn about different aspects of maternal health postpartum, including mental health, physical health, breastfeeding, contraceptive use, and healthcare access.

Some of her project outcomes included the following:

- The Division of Maternal-Fetal Medicine and Division of Cardiology received first-hand accounts from six women to inform their future provision of services to all patients.
- Participants had individualized needs met (e.g., accessing affordable lactose-free milk for one mother's child).



Sheila Mallenahalli

Community Site Partner:
UAB Spain Rehabilitation
Clinic
Academic Mentor: Dr.
Caroline Harada
Site Mentor: Dr. Janet
Niemeier

Sheila addressed the difficulties encountered by spina bifida patients and their caregivers by developing educational materials that can present care guidelines in an easily digestible manner. Problems arise when patients and caregivers receive training primarily during once-a-year visits, where they receive a lot of information from a multi-disciplinary team.

Her project outcome was as follows:

- Spain Rehabilitation has a standardized protocol for bowel management for spina bifida patients that can be more readily followed by caregivers.



Jean Paul Osula

Community Site Partner:
Birmingham Education
Foundation
Academic Mentor: Carmel
McNicholas-Bevensee,
PhD
Site Mentor: Carolyn
Williams

The focus of Jean Paul's project was on career exposure for high school juniors and seniors at the Birmingham City Schools interested in healthcare. He conducted this project through biweekly zoom sessions covering 8 different careers (Surgery, Clinical Lab Sciences, Physician assistant, Pediatric medicine, Optometry, Dentistry, Physical Therapy, and Nursing).

Some of his project outcomes included the following:

- Tutors were recruited from UAB in order to provide 17 families with free online tutoring.
- 53 students and 4 teachers learned about one or more healthcare careers through the Career Spotlight Series.

2020-21 ALABAMA SCHWEITZER CLASS PROJECT OUTCOMES

UAB SCHOOL OF NURSING



Tanya Nix

Community Site
Partner: The Foundry
Academic Mentor: Dr.
Deborah Bowers
Site Mentor: Tonya
Judson

Tanya assisted The Foundry's medical clinic, provided by the UAB School of Nursing, with transitioning from paper charting to an electronic medical record called Apricot. Over the last 9 months, all residents from all three clinics under The Foundry have had past paper records converted to Apricot.

Some of her project outcomes include the following:

- Improved workflow for the providers, reducing the time to find past records and medications, to record the plan of care for the visit, and the potential for medical errors
- Improved quality care outcomes for the patients



Mayowa Otuada

Community Site
Partner: Nurse-Family
Partnership
Academic Mentor: Dr.
Lisa Pair
Site Mentor: Dr.
Candace Knight

Mayowa addressed post-partum depression by creating an online support group where first-time, low-income mothers served by Nurse-Family Partnership could go for additional resources and understanding.

Some of her project outcomes include the following:

- Based on the recent assessment, more than 15 members of the Strong Family program have less anxiety and depression, indicating improved mental health.
- Moms served by Nurse-Family Partnership have improved their coping skills by learning how to seek support from each other using the online support group.

UAB SCHOOL OF PUBLIC HEALTH



Greer McCollum

Community Site Partner:
One Roof
Academic Mentor: Dr. Ann
Elizabeth Montgomery
Site Mentor: Gordon
Sullivan

Greer's project increased One Roof's capacity to serve youth and young adults who are experiencing homelessness.

Some of his project outcomes include the following:

- Greer completed 29 Youth Homelessness Surveys and 7 in-depth interviews with key stakeholders.



Hadiyah Page

Community Site Partner:
Impact Family Counseling
Academic Mentor: Dr.
Christianne Strang
Site Mentor: LaCrecia Day

Hadiyah sought to address the impacts that trauma, such as exposure to gun violence, has on youth by using the expressive arts as an outlet.

Some of her project outcomes include the following:

- 17 students improved conflict resolution skills and felt more resilient when facing school and interpersonal challenges.
- 26 students had a positive self-image

2020-21 ALABAMA SCHWEITZER CLASS PROJECT OUTCOMES

UAB SCHOOL OF DENTISTRY



Ana Ospina

Community Site
Partner: UAB School of
Dentistry
Academic Mentor: Dr.
Raquel Mazer
Site Mentor: Dr. Carly
McKenzie

Ana created a Dental Spanish curriculum, implementing it through the four years of the UAB School of Dentistry curriculum with the support of the administration. To achieve this goal, she first developed content for four (4) lectures with voiceovers focused on teaching basic dental Spanish to aspiring dentists.

Some of her project outcomes include the following:

- Introduced Dental Spanish material to 282 pre-doctoral dental students
- Developed 4 lectures to introduce Dental Spanish, focusing on common patient interactions



Bhumika Patel

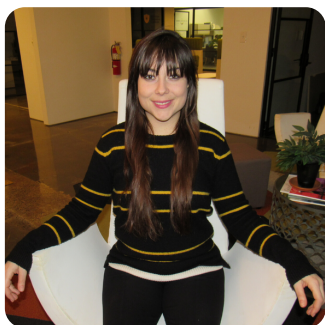
Community Site
Partner: Blazer
Kitchen at Hill Student
Center
Academic Mentor: Dr.
Raquel Mazer
Site Mentor: Debbie
Morgette

Bhumika worked to improve the nutrition of UAB graduate students who shopped at the campus food pantry, Blazer Kitchen.

Some of her project outcomes include the following:

- All 15 self-reported learning more about a balanced diet and interpretation of nutritional labels.
- All 15 demonstrated making healthy lifestyle changes via planning meals weekly & cooking at least one meal on weekends.

UAB SCHOOL OF HEALTH PROFESSIONS



Katie Ellison

Community Site
Partner: Cooking Well
Academic Mentor: R.
Drew Sayer, PhD
Site Mentor: Judy Vann

Katie developed a new curriculum for graduates of the Cooking Well program called 'Next Steps,' that dives deeper into the pathogenesis of diet-related chronic diseases and is intended to increase participants' understanding of the relationship between health and nutrition.

Some of her project outcomes include the following:

- The Live HealthSmart Foods line has brought discounts on healthy foods to a local market in a food desert.
- The Village Market has a method to track purchases of LHS Foods and can determine what the best and worst sellers are to inform sustainability practices.
- A 501(c)(3) organization, Cooking Well, has a new Next Steps program that has reached 5 women with socioeconomically disadvantaged backgrounds.

2020-21 ALABAMA SCHWEITZER CLASS PROJECT OUTCOMES

AUBURN UNIVERSITY



Harley Moore

Auburn University
Harrison School of
Pharmacy
Community Site Partner:
Auburn University Food
Bank
Academic Mentor: Dr.
Jeanna Sewell
Site Mentor: Sarah Grace
Walters

Harley addressed food insecurity on Auburn University's Campus by increasing awareness of and decreasing stigma with using the AU Campus Food Pantry. Harley normalized hunger on campus by taking a broad-based approach of marketing the resource to student organizations.

Some of her project outcomes include the following:

- 74 additional students (of 767 screened with the Hunger Vital Sign) were found to be food insecure and given an opportunity to access the Campus Food Pantry.
- Raised \$500 dollars and 50 cans for the pantry, which relies on donations



Emily Munn

Auburn University
College of Education
Community Site Partner:
Girls on the Run South
Central Alabama
Academic Mentor: Dr.
Melissa Pangelinan
Site Mentor: Lori Marine

Emily ran two programs for Girls on the Run in Lee County; first, in Fall semester, she created a fully inclusive program for 11, 3rd-5th grade girls. By the end, all eleven girls completed the 5k to the best of their ability as well as created friendships and gained self-confidence.

Some of her project outcomes include the following:

- 11 girls in 3rd-5th grades completed the fall program with 94% attendance.
- Two girls with Down Syndrome were a part of this group and reported feeling included. One noted in the post-program interview that she was so thankful to have real friends.

THE UNIVERSITY OF ALABAMA SCHOOL OF LAW



Lita M. Waggoner

Community Site
Partner: Legal Services
Alabama
Academic Mentor:
Allyson E. Gold
Site Mentor: Nell
Brimmer

Lita laid the groundwork for the Rural Health Justice Project, one of the state's first medical-legal partnerships (MLPs). MLPs embed lawyers in healthcare settings to resolve patients' health-harming legal needs. Lita worked with both Legal Services Alabama (LSA) and the Rural Health Medical Program, Inc. (RHMPI) throughout her fellowship year.

Some of her project outcomes include the following:

- 67 of RHMPI's staff members have been trained on spotting patients' health-harming legal needs and how to refer patients to LSA for help.
- Rack cards, posters, and legal screening tools were developed for use in RHMPI's health clinics to raise awareness of LSA's services, so RHMPI patients can now access information about LSA's free civil legal services in any of the health clinics' waiting rooms.

2020-21 ALABAMA SCHWEITZER CLASS PROJECT OUTCOMES

UNIVERSITY OF MONTEVALLO



Kaye Culp

Community Site Partner:
Cahaba Medical Care
Academic Mentor: Dr.
Judith Harrington
Site Mentor: Charity
Laister

Online group counseling sessions were held to provide services for caregivers of children/siblings with disabilities in order to reduce stress and increase caregiving self-efficacy. When identified as a need, participants were also referred to counseling services with a therapist for continual support.

Some of her project outcomes include the following:

- Fourteen parents participated in the online group counseling sessions and all reported a decrease in caregiver stress/burden and an increase in self-efficacy.
- Eleven parents have committed to individual counseling sessions to help them manage ongoing stress.

OUR THANKS TO

OUR 2020-21 COMMUNITY SITE PARTNERS

Cahaba Medical Care
Cooking Well
Alabama Regional Medical Services (ARMS)
UAB Peripartum Heart Failure Clinic
UAB Spain Rehabilitation Clinic
One Roof
Auburn University Food Bank
Girls on the Run South Central Alabama
UAB School of Dentistry
Birmingham Education Foundation
Nurse-Family Partnership
Impact Family Counseling
Blazer Kitchen at Hill Student Center
The Foundry
Legal Services Alabama

OUR 2020-21 ACADEMIC AND SITE MENTORS

Dr. Judith Harrington
Dr. Drew Sayer
Dr. David Kimberlin
Dr. Indranee Rajapreyar
Dr. Caroline Harada
Dr. Ann Elizabeth Montgomery
Dr. Jeanna Sewell
Dr. Melissa Pangelinan
Dr. Raquel Mazer
Dr. Carmel McNicholas
Dr. Lisa Pair
Dr. Christianne Strang
Dr. Deborah Bowers
Allyson Gold

Charity Laister
Judy Vann
Nichole Leshoure
Dr. Rachel Sinkey
Dr. Janet Niemeier
Gordon Sullivan
Sarah Grace Waters
Lori Marine
Dr. Carly McKenzie
Carolyn Williams
Dr. Candace Knight
LaCrecia Day
Debbie Morgette
Tonya Judson
Nell Brimmer

2021-22 ALABAMA SCHWEITZER CLASS



Tanya Correya

UAB School of Medicine
Community Site
Partner: Girls Inc of Central Alabama



Ibukun Afon

UAB School of Health Professions
Community Site
Partner: Women In Agriculture



Margaret Lloyd

UAB Graduate School, Biomedical Sciences Program
Community Site
Partner: TBD



Shanquela Williams

UAB School of Public Health
Community Site
Partner: Grace House Ministries



Malik Seals

UAB Graduate School, Biomedical Sciences Program
Community Site
Partner: Collat Jewish Family Services



David Moss

University of Montevallo College of Education (Clinical Mental Health Counseling)
Community Site Partner: Alabama Suicide Prevention and Resources Coalition (ASPARC)



Madison Hartley

Samford University College of Health Sciences, McWhorter School of Pharmacy
Community Site
Partner: Changed Lives Mobile Clinic



Jennifer Goolsby

University of Montevallo College of Education (Clinical Mental Health Counseling)
Community Site
Partner: The University of Montevallo, College of Counseling and Human Development



Grace Menzies and Joia Pfeiffer

UAB School of Public Health and UAB School of Nursing
Community Site
Partner: Changed Lives Mobile Clinic



Jenai Bostic and Carolyn Grace Griffin

UAB School of Dentistry
Community Site
Partner: UAB Sparks Dental Clinic



Matthew Hudson and Henry Kendrick

UAB School of Medicine/UAB School of Business & UAB School of Dentistry
Community Site
Partner: Birmingham Special Needs Affinity Group

To read more about the Fellows' projects, please visit asfalabama.org/fellows.