

The University of Alabama at Birmingham



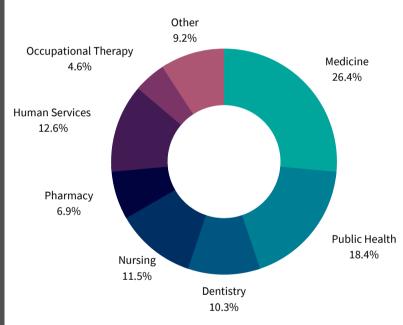
HOURS SERVED

418 HOURS SERVED IN 2020 - 2021 1,353 HOURS SERVED SINCE 2016

VALUE OF SERVICE

2020 VALUE OF SERVICE: \$10,567 TOTAL VALUE OF SERVICE: \$33,757

INTERDISCIPLINARY ENVIRONMENT



Pictured left: A breakdown of the variety of disciplines among all Alabama Schweitzer Fellows since 2016. Please note the Human Services category includes the disciplines of Counseling, Psychology, Social Work, and Health Administration.

MEDIA MENTIONS

Our 2020 Fellows across all universities were featured in 14 articles in the 2020-2021 year, including two from the UAB SON. Read more about <u>Tanya</u> and <u>Mayowa</u>.





Pictured above: 2020 Alabama Schweitzer Fellows, including UAB SON students Mayowa Otuada and Tanya Nix, attending the 2020 Orientation sessions.

ASF FELLOWS AT UAB SCHOOL OF NURSING

FELLOWS FOR LIFE



Tanya Nix

2020-21 ASF Fellow for Life Community Site Partner: Changed Lives Mobile Clinic Academic Mentor: Dr. Deborah Bowers Site Mentor: Tonya Judson

Tanya assisted The Foundry's medical clinic, provided by the UAB School of Nursing, with transitioning from paper charting to an electronic medical record called Apricot. Over the last 9 months, all residents from all three clinics under The Foundry have had past paper records converted to Apricot.

Some of her project outcomes include the following:

- Improved workflow for the providers, reducing the time to find past records and medications, to record the plan of care for the visit, and the potential for medical errors
- Improved quality care outcomes for the patients



Mayowa Otuada

2020-21 ASF Fellow for Life Community Site Partner: Nurse-Family Partnership Academic Mentor: Dr. Lisa Pair Site Mentor: Dr. Candace Knight

Mayowa addressed post-partum depression by creating an online support group where first-time, low-income mothers served by Nurse-Family Partnership could go for additional resources and understanding.

Some of her project outcomes include the following:

- Based on the recent assessment, more than 15 members of the Strong Family program have less anxiety and depression, indicating improved mental health.
- Moms served by Nurse-Family Partnership have improved their coping skills by learning how to seek support from each other using the online support group.

CURRENT FELLOW



Joia Pfeiffer

2021-22 ASF Fellow Community Site Partner: The Changed Lives Mobile Clinic

To read more about the Fellows' projects, please visit asfalabama.org/fellows.

"The last 14 months have strengthened my skills as a 30+ year medical professional of having to be flexible, adaptable, creative, and balanced- which are required traits to succeed with the everchanging complexities in medicine." - Tanya Nix, 2020 ASF Fellow for Life

"Being a Schweitzer Fellow has taught me that it is better to serve than to be served. I have learned a lot while serving NFP mothers. Now, I know more about this population and how to better advocate for them. I have gained more insight about women's health and a lot more outside of my profession. "- Mayowa Otuada, 2020 ASF Fellow for Life