

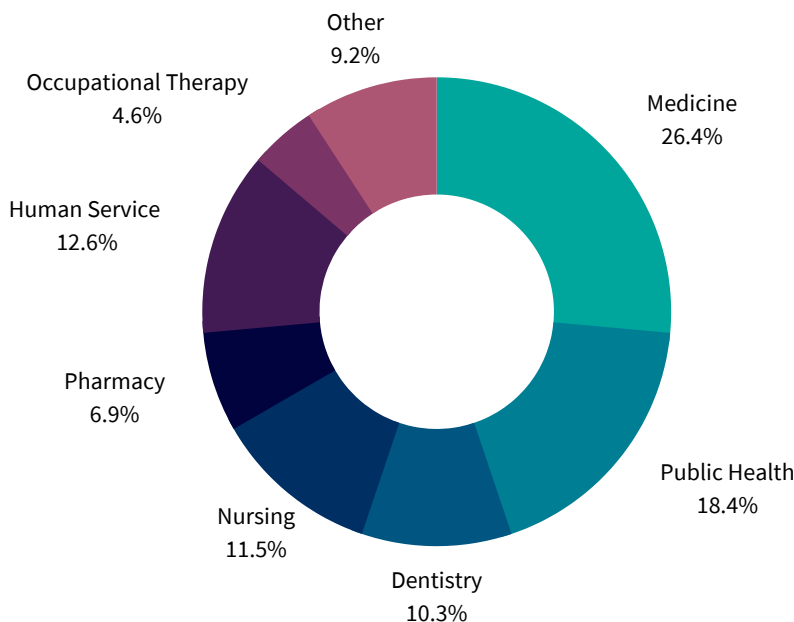
## HOURS SERVED

**212** HOURS SERVED IN 2020 - 2021  
**676** HOURS SERVED SINCE 2017

## VALUE OF SERVICE

2020 VALUE OF SERVICE: **\$5,353**  
TOTAL VALUE OF SERVICE: **\$16,980**

## INTERDISCIPLINARY ENVIRONMENT



*Pictured left: A breakdown of the variety of disciplines among all Alabama Schweitzer Fellows since 2016. Please note the Human Services category includes the disciplines of Counseling, Psychology, Social Work, and Health Administration.*

## MEDIA MENTIONS

*Our 2020 Fellows across all universities were featured in 14 **articles** in the 2020-2021 year.*

*Kaye Culp, a University of Montevallo student, was featured in a ASF article, available [here](#).*



*Pictured above: 2020 Alabama Schweitzer Fellows, including UM student, Kaye Culp, attending the 2020 Orientation sessions.*

# ASF FELLOWS AT THE UNIVERSITY OF MONTEVALLO

## FELLOWS FOR LIFE



### Kaye Culp

College of Education and Human Development (Counseling)  
2020-21 ASF Fellow for Life  
Community Site Partner: Cahaba Medical Care  
Site Mentor: Charity Laister  
Academic Mentor: Dr. Judith Harrington

Online group counseling sessions were held to provide services for caregivers of children/siblings with disabilities in order to reduce stress and increase caregiving self-efficacy. When identified as a need, participants were also referred to counseling services with a therapist for continual support.

*Some of her project outcomes included the following:*

- Fourteen parents participated in the online group counseling sessions and all reported a decrease in caregiver stress/burden and an increase in self-efficacy.
- Eleven parents have committed to individual counseling sessions to help them manage ongoing stress.



*"I have enjoyed my Fellowship experience with the Albert Schweitzer Fellowship. Through my participation, I was able to meet and interact with so many wonderful people. I'm not sure who made the greater impact, myself (for my participants) or the participants (and their impact on me). I will never forget them. I greatly appreciate the professional development provided by the Schweitzer Fellowship and the ability to brainstorm and network with other Fellows."*

**- Kaye Culp, 2020 ASF Fellow for Life**



### Jason Perry

College of Education and Human Development (Counseling)  
2019-20 ASF Fellow for Life  
Community Site Partner: City of Birmingham Mayor's Office Division of Youth Services



### Jennifer Payne Guffin

College of Education and Human Development (Counseling)  
2017-18 ASF Fellow for Life  
Community Site Partner: The DAY Program

## CURRENT FELLOWS



### Jennifer Goolsby

College of Education and Human Development (Clinical Mental Health Counseling)  
2021-22 ASF Fellow  
Community Site Partner: UM College of Education and Human Development



### David Moss

College of Education and Human Development (Clinical Mental Health Counseling)  
2021-22 ASF Fellow  
Community Site Partner: Alabama Suicide Prevention and Resources Coalition (ASPARC)

*To read more about the Fellows' projects, please visit [asfalabama.org/fellows](https://asfalabama.org/fellows).*