



ALBERT SCHWEITZER
FELLOWSHIP OF
ALABAMA

Impact Report

2022-23

THE ALBERT
SCHWEITZER
FELLOWSHIP[®]

ALABAMA

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Greetings:

from our Executive Director

"Privilege is here. And with privilege goes responsibility."

-John F. Kennedy

The unfortunate condition of our world is an unequal playing field. This is no less true in Alabama, where health inequity affects a disproportionate number of individuals.

All 67 counties in Alabama have either a low income or geographic barrier to care in one or more areas of health.

With limited access to quality healthcare comes increased risk for negative health behaviors and outcomes such as decreased quality and length of life.

These barriers to health cannot be addressed and overcome without intervention by caring, competent and skilled health leaders.

Our Fellowship develops health leaders committed to improving health and creating change for vulnerable populations.

We believe the best way to serve vulnerable populations is a workforce investment approach aimed at training and equipping health leaders at critical points in their careers so that they leverage their educational privilege for those that need it the most.

By exposing graduate students in health professions to the needs of underserved populations, our Fellowship equips them to meet those needs both immediately through their Fellowship service project but also in years to come through ongoing advocacy and efforts as healthcare professionals.

This past year marked many breakthrough milestones for Alabama's Schweitzer Fellowship, including the largest Fellow class in organizational history.

These milestones were made possible by the support of those who choose to partner with us in the hard but important work of advancing health equity in Alabama.

We are excited to share this impact report with you and to hear back your thoughts.

Justin

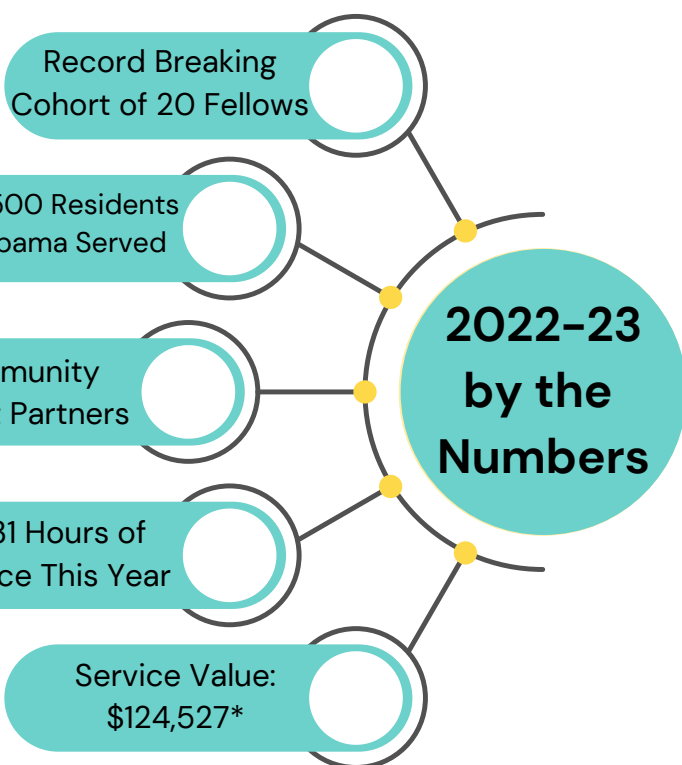


Our Purpose:

Advancing Health Equity in Alabama
through Leadership Development

Vision

To build a **network of change agents** who lead Alabama toward equitable health **working in partnership** with communities, creating change now and in years to come.



Goals

To improve health, develop **diverse leaders** and **create change**.

To improve the health of underserved populations, we must develop **empathetic and skilled health leaders** from a variety of backgrounds to be **effective change agents** equipped to discover and address inequities.

Established in 2015, The Albert Schweitzer Fellowship of Alabama is One of 12 Chapters Nationwide



Our Impact:

100%

of Fellow said they were extremely likely" or "likely" to engage in community service activities with underserved populations throughout their career.



Trinity Houston, Medicine & Public Health, UAB



Fellows reported they were "very" or "extremely" confident they had achieved for clients:

85%

Improved health behaviors

75%

Improved the physical, emotional, or mental well-being of participants

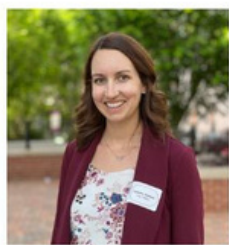
60%

Increased access to health care, health promotion or prevention services

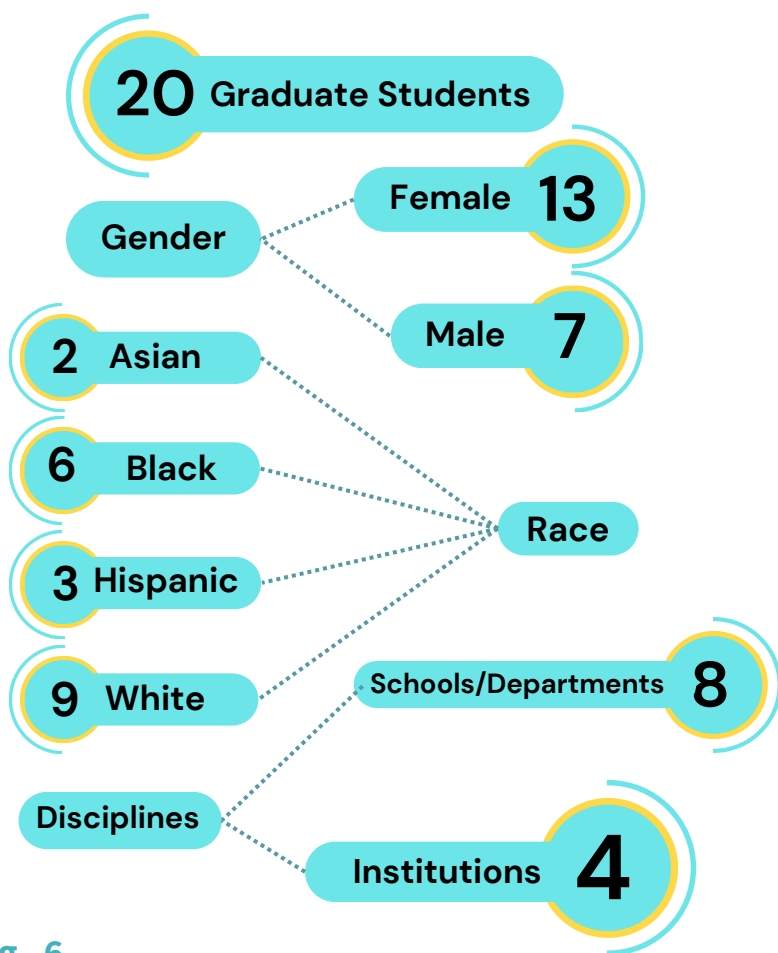
"The Albert Schweitzer program taught me how to keep my target population at the forefront of my focus when addressing health disparities."

Our People:

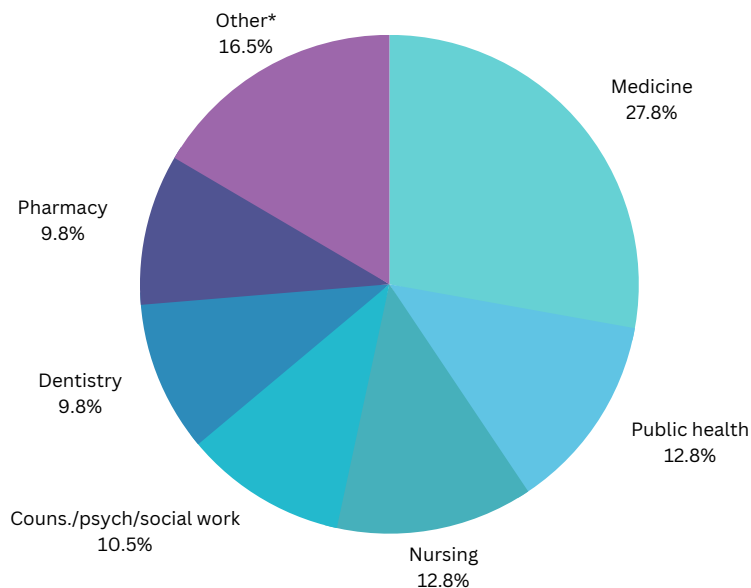
A unique focus on graduate students in health disciplines positions us to create a pipeline of emerging health leaders equipped to advance health equity in Alabama.



2022-23 Fellow Class



Multidisciplinary Nature (2016-2023)



*Occupational therapy, optometry, nutrition sciences, law, healthcare administration, prosthetics and orthotics, kinesiology and audiology.

Our Method:

Our multidisciplinary leadership training program operates in the sweet spot of academics and practice and benefits from the diversity of our partners and Fellows.

Academics

Schweitzer
Fellowship

Practice

- Each Fellow participates in a leadership development curriculum that consists of coaching, mentorship and training on the social determinants of health, cultural humility, and other data-based best practices.
- This foundation, partnered with personal guidance from an academic mentor in their field of study, leads to direct service to each community partner.



"I've learned that leadership is more than just an idea, but about action, and action takes hard work, long hours, discipline and determination. This program has given me the knowledge and tools to truly be the change I want to see."

FOUR CORE COMPONENTS OF OUR PROGRAM MODEL

Multidisciplinary Approach

operating in the intersection of academics and practice

Direct Service

200–400 hours of service per project from a Fellow or a team of Fellows to each nonprofit partner

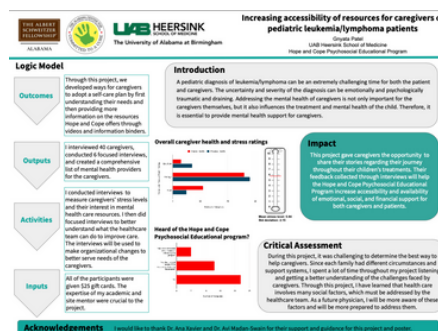
Shared Learning

cross-collaboration and exposure to diverse fields of study

Reflection

self-reflection helps develop a growth mindset that encourages Fellows to view their failures as opportunities for growth

Click Below to See Our Fellow Project Posters



Our Partners:

Community Investment through Partnership

Fellows provide nonprofits with the capacity and resources to take on a project that otherwise may have been difficult given funding and staff constraints, leading to the outcomes of providing more programs and/or reaching more clients.

Likewise, community partners provide relationships and trust with clients and real-world mentorship, serving as critical co-educators in the Fellowship model of learning.



50

hours of
leadership
training to every
Fellow
each year

77

community
nonprofit partner
organizations
since 2015

200

service hours
given per Fellow
to each nonprofit
partner

Fellows partner with community nonprofits to develop **innovative projects addressing diverse health needs**. Stakeholder interviews, research into best practices, and new Community Advisory Boards (consisting of three community members sharing their own expertise) guide each Fellow's project plan and help ensure service projects yield measurable change through **increasing organizational capacity** and allowing for the implementation of **new service programs**.

Since 2016, Alabama's Schweitzer Fellowship has:

*Partnered with 77
Nonprofits*

*Developed 125 Health
Leaders in Alabama*

*Carried Out 23,403
Hours of Service*

*Invested \$568,332 in Total Value
to our Nonprofit Partners*

Thank you for partnering with us to advance health equity in Alabama



Thank you to all those who make our impact possible:

Our **academic & community partners**

Our **corporate & foundation partners**

Our **board of directors, past board members & advisory council**

Our **individual donors**

Our **Fellow for Life alumni**

Our **volunteers & friends**

The Hugh Kaul Foundation



Thank you to our Leadership for their Vision, Passion, Commitment & Generosity

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