

# The Woodlawn Road Diet

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## Introduction

Once a street for locals, Woodlawn's 1st Ave S has become a dangerous street due to high speed through traffic, resulting in many collisions over the past few years. This has greatly reduced the safety and accessibility of everyone on the street, particularly pedestrians and cyclists, and decreased traffic through downtown Woodlawn.

## Before

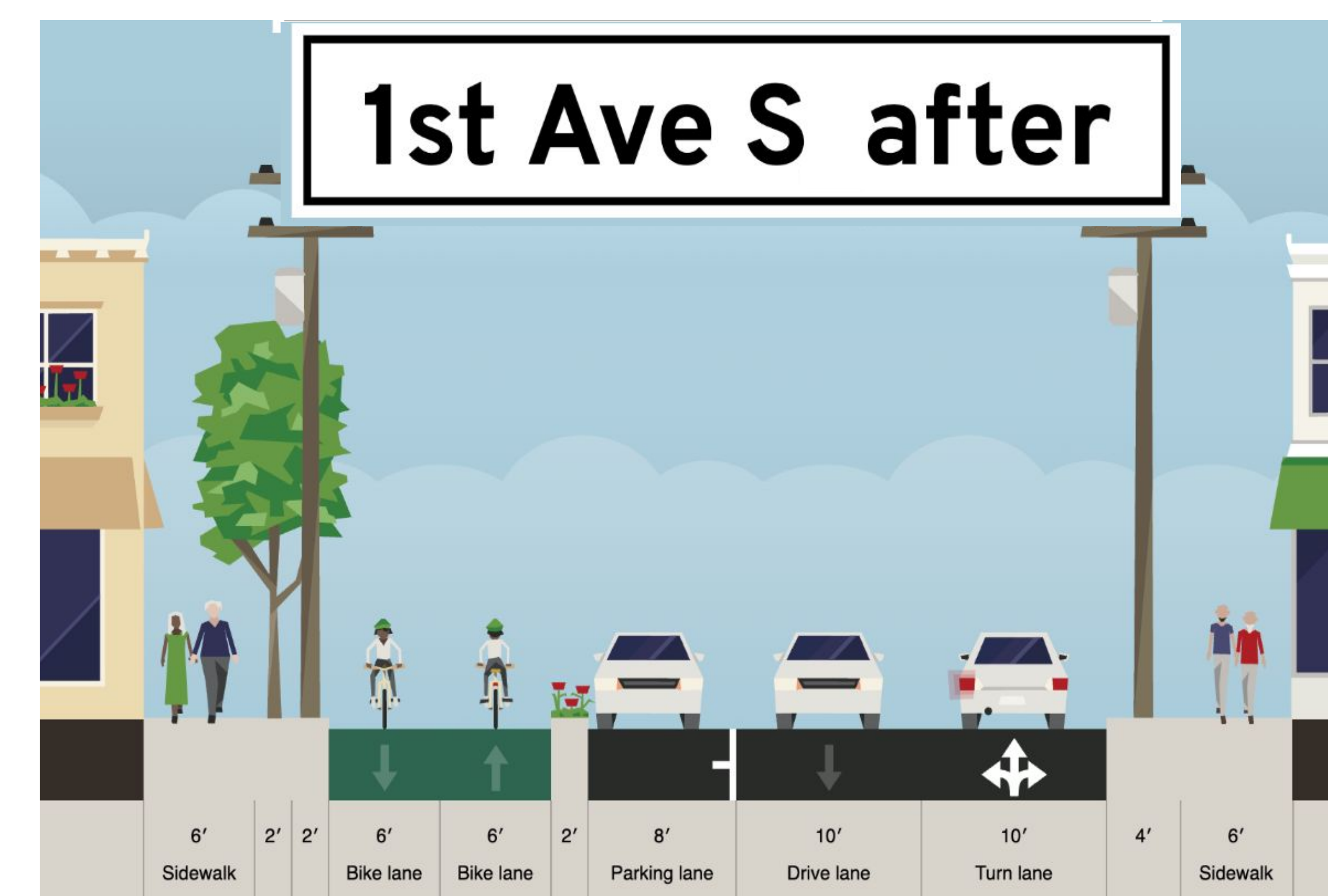
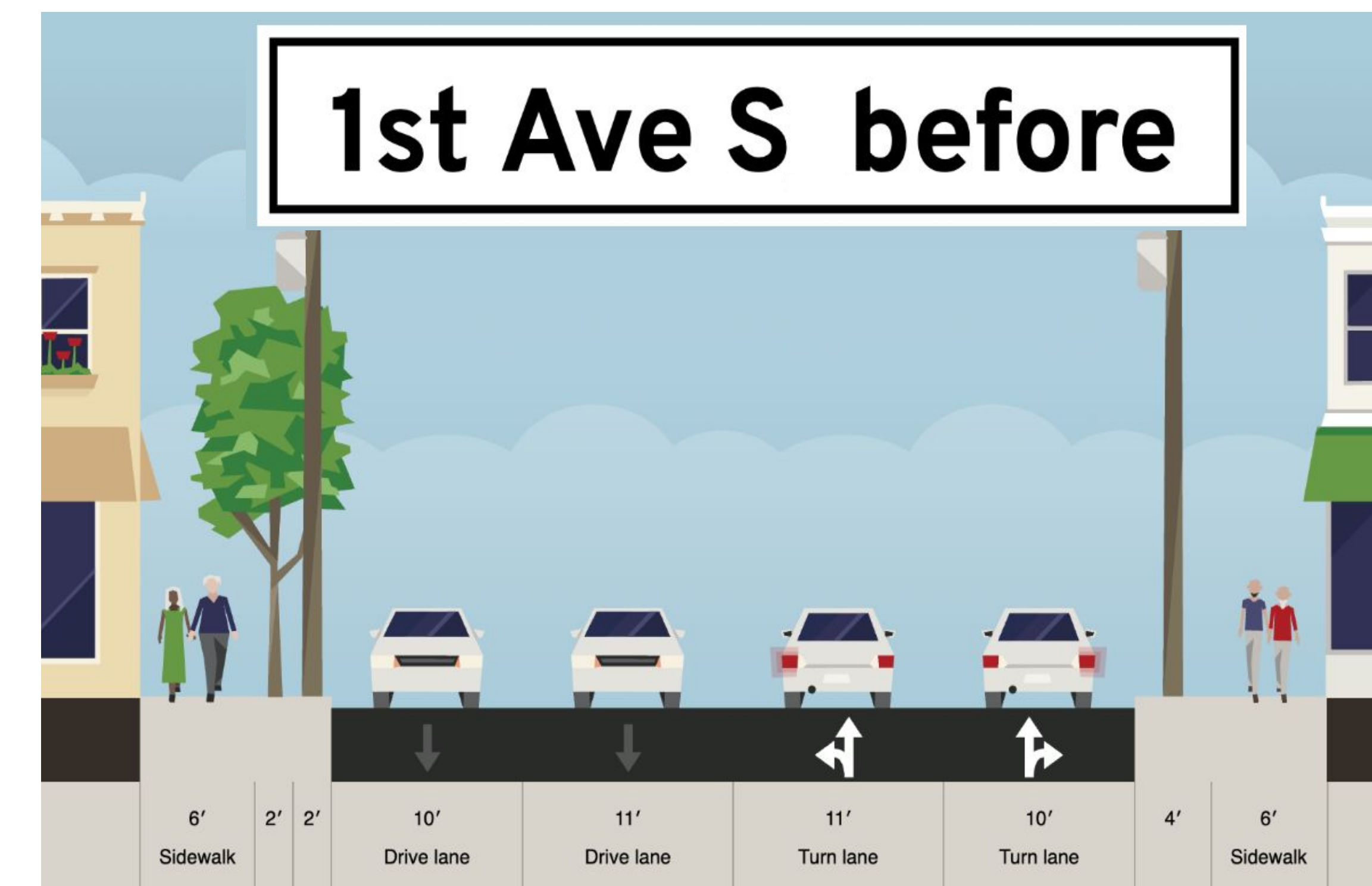
Before the project, we surveyed 15 elderly residents at Faush Manor:

- They rated their experience crossing 1st Avenue S. as a 4 out of 10.
- They rated anxiety levels of 8.5 out of 10 while crossing 1st Avenue S
- Every resident interviewed crosses 1st Avenue S. at least once a week

## After

After the improvements, community testimonials said:

- Easier to access local businesses in Woodlawn due to increased cycle lanes, crosswalks, traffic calming, and parking spots
- Easier for people to cross safely
- Enjoyable to spend time in Woodlawn



## Critical Assessment

This project reinforced that health equity goes beyond clinical health care—it's also about the environments people live in and how they interact with their surroundings. Through this work, we've developed our shared passion for bridging public health, urban planning, and community advocacy to create meaningful, lasting change. Moving forward, we'll carry these lessons ensuring that improving environments and community advocacy remains a focus into our careers.



## References



## Acknowledgements

Thanks to James Fowler, Jason Avery, Forrest Johnson, Jonathan Crain, Jackson Dean, the Woodlawn community, Heersink volunteers, and BDOT staff who contributed to the implementation and maintenance! We would also like to thank Dr. Nico Geurs, Dr. Anupam Agarwal, Dr. Stefan Kertesz, and Elizabeth John for enabling this work.