

Improving Healthcare and Access to Primary Care

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UAB School of Nursing and The Changed Lives Mobile Clinic

Logic Model

Outcomes

- Knowledgeable volunteers that seek to lead
- Consistent healthcare
- Volunteers seek to make change
- Patients feel they have a reliable PCP

Outputs

- Handouts for controls, equipment, and setup
- 100% show successful demonstration of triage of the patient
- Patients provide insightful information regarding their current level of care

Activities

- Compiled education materials
- Volunteer recruitment
- Schedule changes
- Volunteer education
- Patient surveys
- Volunteer activities

Inputs

- Changed Lives Mobile Clinic Volunteers
- Laboratory and triage equipment
- GroupMe
- Laboratory Manuals
- UAB School of Nursing students
- Advisors and CAB Members

Introduction

- The percentage of uninsured individuals is 11% in Alabama as of 2022. These individuals are in urban as well as rural areas.
- The top three prioritized needs for Jefferson County (and surrounding areas) according to St. Vincent's 2022 Needs Assessment were: Access to HealthCare, Mental Health, Chronic Disease Prevention/Management
- The ratio of primary care physicians in Jefferson County is 920:1, meaning there is one primary care physician per 920 people.



New lab room, stocked with supplies and equipment

Impact on Population Served

- Provided free healthcare to members of CLCC, Foundry Farms, and Foundry Women's Center.
- Noted increased patient engagement through consistent appointments and positive feedback.
- Fostered open communication between providers, nurses, volunteers, patients, and Foundry staff.

Sustainability Plan

- Follow established sustainability plan and lab manual from the fellowship.
- Maintain clinic operations through dedicated volunteers and continuing education.
- Ensure ongoing education and evidence-based care for all providers and volunteers.

Critical Assessment

Barriers & Challenges:

- **Scheduling & Volunteer Recruitment** – Outreach efforts helped increase engagement.
- **Adaptability** – ICU work requires constant motion, but clinic work taught me flexibility.

Personal Growth & Future Impact:

- Discovered a deeper passion for community-based care.
- Learned to be more adaptable in dynamic healthcare settings.
- Strengthened my commitment to health equity through direct patient connections.

Community Insights & Health Equity:

- Community input deepened my understanding of social determinants of health.
- Learned how to tailor care to meet the unique needs of underserved populations.
- Strengthened collaboration with teams to improve access and outcomes.



Scan to view the new
CLMC Laboratory Manual

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References

