

Logic Model

Outcomes

- Create resource network for the optometric clinic
- Supply eye care materials specialized to the CHHC's patient population such as artificial tears and over the counter readers

Outputs

- Connect with various nonprofit and for-profit organizations to further advance patient care at the CHHC's Optometric Clinic
- Establish newfound relationships with CHHC to other community partners

Activities

- Volunteer with CHHC to understand their needs and build relationships with my site
- Connect with VSP to gain information on Eyes of Hope to apply for donations
- Help execute the Blackbelt at CHHC and act as a liaison between CHHC and the UAB School of Optometry
- Receive numerous sunglasses, readers, artificial tears, and frame donations through email request and phone calls

Inputs

- Delegate time to contacting previous relationships I established through extracurricular activities in optometry school to gain resource support for my fellowship project
- Compile all contact information from donors so the clinic is able to receive donated resources on an annual basis

Introduction

The Community of Hope Health Clinic (CHHC) is a non-profit organization located in Pelham, Alabama. The clinic provides free medical services to Shelby County, Alabama residents who are 200% below the Federal Poverty Guidelines and do not have access to private insurance or Medicare, Medicaid, and Tricare. The CHHC provides the following services: Primary Care, Physical Therapy, Mental Health Services and Counseling, Prenatal Care, Dermatology, Mobile Healthcare, On- Site Dispensary, and Optometry. The CHHC's Optometry Clinic opened in the Summer of 2024 providing fully dilated eye exams. My fellowship project was centered around creating resource networks for their newly established optometric clinic.



Received 240 Refresh artificial tears donation by Mark Risher with AbbVie



VSP Eyes of Hope Sunglasses Donation

Impact

I was able to compile a multitude of donated resources for the CHHC's Optometry Clinic, including the following:

- 69 full eye exams and prescription glasses provided by the UAB School of Optometry Blackbelt
- 100 men and women sunglasses provided by VSP Eyes of Hope
- 240 Refresh Preservative Free Artificial Tears provided by Mark Risher with AbbVie
- 50 over the counter readers of various powers provided by VSP Eyes of Hope
- Over 80 pairs of frames used as selection for the CHHC Blackbelt provided by Stephanie Ganiban with VSP

The future plan for my fellowship project is to make the CHHC an annual Blackbelt site providing free eye exams and prescription glasses for their patients. All donors were compiled into a document and given to the CHHC in order to receive annual donations for their patients.

Critical Assessment

The ASF Fellowship taught me the importance of time management. When time is managed properly it comes with ease to be more involved in extracurricular activities. The fellowship has taught me one person can make an impactful difference. In the future I plan on owning my own private practice and having a nonprofit that gives qualifying individuals free eye exams and prescription glasses. This fellowship gave me the knowledge necessary to obtain my future goals. My Community Advisory Board was beneficial to the success of my project. When helping an organization one is initially unfamiliar with it is pertinent to ask members of the organization what they need. I was able to recognize the needs of the clinic early on and received an abundance of support from the organization.



Taking blood pressure at the CHHC Blackbelt

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References

